

July 4, 2010 – 14th Sunday in Ordinary Time

- “Peace to this household.” -

1st Reading	Isaac 66:10–14c – “As a mother comforts her child, so will I comfort you.”
Psalm	Psalm 66 – “Let all the earth worship and sing praise to you.”
2nd Reading	Galatians 6:14–18 – “The grace of our Lord Jesus Christ be with your spirit.”
Gospel	Luke 10:1–12, 17–20 or 10:1-9 – “The harvest is abundant but the laborers are few.”

Practice peace in your home.



Did you know? The Institute for Peace and Justice is dedicated to helping people find practical and concrete ways to be peacemakers in their everyday lives.

What can we do? Become a worker for peace. Visit www.ipj-ppi.org/index.html for ideas on how to be a peacemaker in your own home as well as in your community.

July 11, 2010 – 15th Sunday in Ordinary Time

- And who is my neighbor? -

1st Reading	Deuteronomy 30:10–14 – “...heed the voice of the Lord.”
Psalm	Psalm 69 – “For the Lord hears the poor.”
2nd Reading	Colossians 1:12–20 – “For in him were created all things in heaven and on earth, the visible and the invisible.”
Gospel	Luke 10:25–37 – “Teacher, what must I do to inherit eternal life?”

“Do this and you will live.”

We all need water to survive, but how much are we really using?

Did you know? Virtual water is the amount of water embedded in food or other products based on how much water was needed to extract and produce that item. For example: a pound of beef requires approximately 1880 gallons of water to produce”. The more stuff that gets made, used and replaced, the more water that gets used. *The Story of Stuff*

What can we do? Go to www.waterfootprint.org to get a rough calculation of your own water footprint, and ideas on how to cut back.



July 18, 2010 – 16th Sunday in Ordinary Time

- There is need of only one thing. -

1st Reading	Genesis 18:1–10a – “...please do not go on past your servant.”
Psalm	Psalm 15 – “One who walks blamelessly and does justice.”
2nd Reading	Colossians 1:24–28 – “...it is Christ in you, the hope for glory.”
Gospel	Luke 10:38–42 – “Mary has chosen the better part and it will not be taken from her.”

Who will you listen to today?



Did you know? Americans throw away more than one hundred million phones each year. If all of the estimated 100 million unused cell phones in the United States were recycled, the resulting energy savings would be sufficient to power nearly 20,000 households for an entire year according to the Environmental Protection Agency (EPA). www.greenliving.lovetoknow.com

What can we do? Recycle old cell phones at a Best Buy store, AT&T store (they send phones overseas to our troops) or wherever you buy your phone. Find a drop-off recycling center near you by entering your zip code at www.call2recycle.org.

July 25, 2010 – 17th Sunday in Ordinary Time

- “Lord, teach us to pray.” -

1st Reading	Genesis 18:20–32 – “Should not the judge of all the world act with justice?”
Psalm	Psalm 138 – “When I called you answered me.”
2nd Reading	Colossians 2:12–14 – “...he brought you to life along with him.”
Gospel	Luke 11:1–13 – “...ask and you will receive; seek and you will find.”

“Give us each day our daily bread”

The bread we eat can nourish more than our body.

Did you know? It seems like such a basic thing, but buying local is one of the easiest ways to go green. Buying goods and groceries produced within 20 miles of your home is a huge boost to the local economy. When you buy local, you save gas, decrease your own greenhouse emissions and also decrease the amount of greenhouse emissions created by the trucks that deliver these same items from long distances. www.handmadenews.org/article/index.php



What can we do? Support local farmers’ markets. Visit www.localharvest.org to find a farmers’ market near you. This site also indicates which farms are organic. We are richly blessed in the Central Valley to have such an abundant harvest of food grown locally.