

## Grief Support Workshop

The death of a loved one is unlike any other loss. Whether or not the death was sudden and tragic, or one with warning and preparation, the reality of death leaves most of us in a state of shock, confusion and sadness. Grieving people need time and space to honor their grief. Join us for our monthly meetings and / or a 7 week workshop to let us help you to begin the healing process.

**Dates & Times:** Fridays, 7:00 —8:30 pm: August 6, 13, 20 27, September 3, 10, & 16  
Location: St. Anthony's Parish Office Conference Room  
505 E. North St. Manteca, CA 95336

THIS WORKSHOP IS OPEN TO ALL, REGARDLESS OF RELIGIOUS AFFILIATION.

Please contact Sr. Ann Venita at 823-7197 ext. 27 to register by phone or for more information.  
You may also pick up a registration form in the Church vestibule, or clip out the form below and send it in.

### REGISTRATION IS REQUIRED!

Name: \_\_\_\_\_ Home Phone # \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Type of Loss: \_\_\_parent \_\_\_child \_\_\_sibling \_\_\_spouse \_\_\_friend

Please mail to: Sr Ann Venita, St. Anthony's Church 505 E. North St., Manteca, CA. 95336